

Donut Day (Family Program, All Ages)

History of National Doughnut Day

National Doughnut Day (June 3rd) was established in 1938 by the Chicago Salvation Army to raise much-needed funds during the Great Depression, and to honor the work of World War I Salvation Army volunteers who prepared doughnuts and other food for thousands of soldiers.



Stories:

Arnie the Doughnut cooked up by Laurie Keller

The Donut Chef by Bob Staake

Who Needs Donuts? by Mark Stamaty

The Great Doughnut Parade by Rebecca Bond

Mr. Beast by James Sage

The Donut Book: the whole story in words, pictures & outrageous tales by Sally Steinberg

Night Shift by Jessie Hartland

Doughnut Facts:

On one of his expeditions, Admiral Richard Byrd, a noted donut-lover, took along 100 barrels of donut flour, enough for two years' worth of donuts.

The largest doughnut ever made was an American-style jelly doughnut weighing 1.7 tons (3739 lbs), which was 4.9 m (16 ft) in diameter and 40.6 (16in) high in the center. It was made in Utica, New York, USA on January 21, 1993

According to the *Guinness Book of World Records*, the record for donut eating is held by a man named John Haight, who consumed 52 ounces of donuts (about 26 average donuts).

Doughnuts have been around for centuries. Archaeologists turned up several petrified fried cakes with holes in the center in prehistoric ruins in the Southwestern United States.

Songs/Fingerplays:

Donut (Tune: Bingo)

I know a treat that has a hole

As you can plainly see.

D-O-N-U-T (Point to letters as you sing.)

D-O-N-U-T

D-O-N-U-T

Save a bite for me!

CHOMP! (Remove D)

Donut Song

Oh, I ran around the corner,
And I ran around the block,
I ran right into the bakery shop.
I grabbed me a donut right
out of the grease,
And I handed the lady a five-cent piece.

She looked at the nickel,
and she looked at me.
She said, "This nickel is no good to me.
There's a hole in the nickel
and it goes right through."
Said I, "There's a hold in your donut, too!
Thanks for the donut. Goodbye."

Dippy Donut Song

(Tune: Baa Baa Black Sheep)
Yum, yum, Donuts.
Chocolate iced.
Glazed and twisted.
Warm and nice.
Cream filled,
Peanuts on top.
Long John! Jelly!
I can't stop!
Better than a sticky roll.
Eat them right down to the hole!

Craft Ideas-

Arnie the Donut (Template and complete instructions can be found at <http://www.myactivitymaker.com/?q=ArnieDoughnut>)

Activities or Games:

Donut Ring Toss

Supplies: Card Board Donuts, Ring Toss Board (instructions available at <http://www.uniqueprojects.com/projects/ringtoss/ringtoss.htm>)

This is a great activity for all ages, see who can get the most donuts on the center ring.

Eat a Donut on a String Contest

Supplies: Ring Donuts, String

Tie each donut with a length of string and then suspend them at the appropriate height. Instruct the kids to keep their hands firmly behind their backs, and the first person to finish eating their donut wins.

Pin the Sprinkle on the Donut

Supplies: Large Donut Cutout, Large Paper Sprinkles, Blindfold

Play this silly game just like pin the tail on the donkey

Snacks:

Donut Creation Station

Supplies: Plain donuts and wide variety of toppings

For a snack set up a donut toppings bar and let the children create their own delectable treats.

